

Think about what happens at Mass – and draw a picture of what is going on at each point. You don't have to copy the paper!

Parts of The Mass

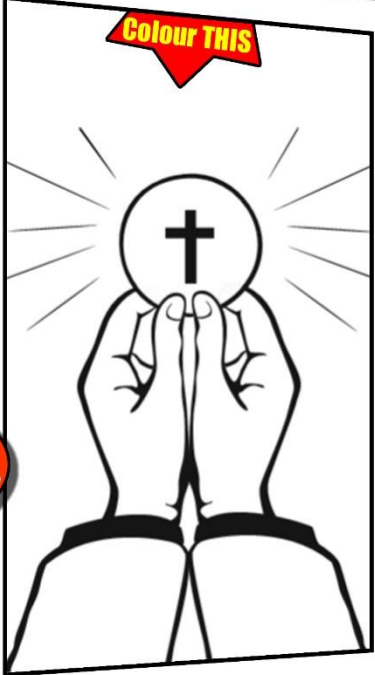
The Gospel of the Lord. Praise to you, Lord Jesus Christ.

In the name of the Father, and of the Son, and of the Holy Spirit.

We start with the sign of the cross. It is a beautiful gesture at the beginning of Mass that reminds us of the cross on which Jesus died. You are also professing your belief in the Father, and in the Son and in the Holy Spirit - just like your parents did at your Baptism

The word gospel means 'good news' and This is the part of the mass where we hear the story of Jesus's life and teachings.

Take this, all of you, and eat of it, for this is My Body, which will be given up for you



May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

We bring God bread and wine as an offering - so He can turn it into something amazing. We also offer ourselves and our lives so He can turn our lives into something amazing.

This is the point when the bread and wine become the Body and Blood of Christ.

This is one of the most important points of the Mass - the bell is rung as a sign of this.

Go and announce the Gospel of the Lord.

The Body of Christ.

Amen.

During Communion we are invited to receive the Body and Blood of Christ. If you are too young or not Catholic, you can ask the priest for a blessing.

Thanks be to God.

Once we have received the final blessing, we are encouraged to go and spread God's words to others.